

SCARY THINGS YOU NEED TO KNOW ABOUT INDOOR AIR QUALITY

Think indoor air quality lacks importance? **Think again!**

The average adult spends 92% of their time indoors. If you are inhaling dangerous pollutants every day or lacking optimal levels of oxygen, you could suffer health risks. Indoor air quality impacts everyone – employees, consumers, tenants, and you!

THE FACTS

Indoor air can be up to 1000 times more polluted than outdoor air.

The EPA has ranked indoor air pollution among the top five environmental dangers facing the public. You inhale 15,000 or more quarts of air per day. Sources of indoor air pollution are all around you:

- Combustion sources
- Building materials
- Chemical products
- Outdoor sources
- Mold, pet dander, etc.



“Sick Building Syndrome” is real

The term “sick building syndrome” (SBS) is used to describe situations in which building occupants experience acute health and comfort effects that appear to be linked to time spent in a building, but no specific illness or cause can be identified

WHY IS IAQ IMPORTANT?

Your life depends on good air – Every year, air pollution causes more than 5.5 million premature deaths.

Businesses lose \$576 billion every year due to sickness. This is more than a consumer issue. This impacts everyone.

Indoor Air contaminants damage more than respiratory health:

- Cognitive functions
- Headaches
- nasal congestion
- immune dysfunction

Your mental performance can increase in green buildings – cognitive scores can jump 100%

What you can do now:

- Improve ventilation
- Clean the air using filters
- Dust to remove particulate matter
- Get outside



Don't be afraid of the air you are inhaling. Monitor and optimize indoor air quality with Senseware's IAQ Monitoring Package. It provides data for facility managers to monitor important environmental conditions.

TRY IT OUT NOW!

senseware

